

April 14, 2020 Mary at the Tomb by Dcn. Dave

Many years ago, during a dark period in my life, trying to work through some health issues, but, primarily, I was struggling with a lot of depression, creating an inability to cope. I won't say life because that is such a broad term. But, I will say it affected many areas in my life, including relationships with family. The medical profession provided some support through the use of drugs and counselling, but, to be honest I could not see any light, at the end of the tunnel.

It was around this time that I received an email from a former priest, because, I had been sharing with him some of my issues that I was trying to work through. He stated quite matter of fact, that, I needed to find out whatever was keeping me in my tomb, keeping me from enjoying life as I should. However, being who I was, a stubborn man, I was reluctant to consider this advice, much to my own continued downfall.

It was quite some time later that I started to feel better, through prayer, gratitude and thanksgiving for all that I had in my life, instead of focusing on what I didn't have. Any of you reading this will relate, if I say it was a tough road to walk, during this time of sadness and eventually some healing. Strangely enough it was around this time that my father asked me a question about a story from the bible and when I referenced the passage, I found a copy of the email that I had received, in the very spot I was looking. fyi, it was the interaction between the disciples and Christ at the sea of Galilee after His resurrection.

For me, it was a reminder of God's presence in my life. Maybe, this is my prayer for all of you. That, you will find out whatever is keeping you in your tomb so that, you can participate in your own resurrection in spite of what is happening all around us.

As we enter into, the season of Easter, even though it might seem that we are still in Lent because, of the uncertainty, around employment, for

so many people, isolation and in some cases illness and death, because of the Covid 19 virus, my hope and prayer is that, we take to heart and rely heavily on Mary's reaction at the tomb of Christ, one of extreme joy, knowing that He has indeed risen, that, we too will find what we have been looking for, what, God wants for each of us, to know Christ on a personal level, bringing peace to our lives, every day.